

Helping You Support Young People with Substance Misuse

Almost 1 in 5 young people in Norfolk have no one or nowhere to obtain information about alcohol use.

(Flourish Survey 2024)

Not all young people are ready to engage with our services and may first turn to a trusted adult like you. We offer confidential advice and guidance to help you confidently support them.

Our support includes:

- Confidential online call with a specialist substance practitioner
- Drug and alcohol awareness training for your team
- A screening tool for your initial conversations
- Targeted group sessions for at risk young people

